

For Immediate Release
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Team LMR Races to a Silver Medal in Team Triathlon!

Lake Castaic, CA – It was a warm and sunny day for the first Castaic Lake Triathlon of the season in June as Team LMR consisting of Larry Mason (bike) and Bryce Rubie (swim/run) reunited after their win last year with Sonia Mason (run) to compete this time as an all-male team to take on the competition. As it turned out, they finished second in class and overall. Rubie, an up and coming actor, took on double duty starting with a sensational swim and slapping the hand of Mason so he could take off out of the transition area to start the bike. Mason was initially passed going up the hill out of transition, but put his head down and caught the other rider and left him behind. Mason was determined on this ride and used his auto racing knowledge to enter/apex/exit the technical corners at top speed and in the proper gear. He made numerous passes throughout the hilly ride to come back in a good position to hand back off to Rubie for the run. By this time, the sun was beating down and the run course had no breeze so it was a difficult rolling hill run, yet Rubie persevered and came back into the finish chute to earn a silver medal second place finish for Team LMR.

Stay tuned to www.LMRUSA.com or the team's FB page at Facebook.com/TeamLMRUSA for the latest news.

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Bryce Rubie (l) and Larry Mason (r) show off their well-earned hardware.